OFFICE MEMORANDUM

Subject: Inviting applications for residential In-Service Training Programmes with Brahma Kumaris to be held in the financial year 2019-20.

The Indian Economic Service (IES) Cadre is organizing the following two residential In-Service Training Programmes with Brahma Kumaris to be held in the financial year 2019-20:

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Training Programme</th>
<th>Duration</th>
<th>Programme content</th>
<th>No. of slots</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Women’s Conference and Raj yoga Camp at Gyan Sarovar, Mount Abu, Rajasthan</td>
<td>19-23 July, 2019</td>
<td>Role of women in changing times, combination of spirituality in modernity, women and family, self-empowerment of women and meditation.</td>
<td>5</td>
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<tr>
<td>2</td>
<td>“Motivation for life” at Manmohiniyavan complex, Mount Abu, Rajasthan</td>
<td>08-11 August, 2019</td>
<td>motivation, work life balance, enhancing emotional stability, owning responsibility, choices in challenges, knowing the self, experiencing the self through meditation, enhancing inner powers</td>
<td>10</td>
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</tbody>
</table>

Other than the above, the afore-mentioned Training Programmes/Conference focus on the following objectives:

i. Stress Prevention
ii. Understanding people, resolving conflicts, building acceptance and dealing with them and teams in a better way
iii. Developing intrinsic motivators
iv. Empowering the participants to face challenges and take better decisions
v. Enhancing inner consciousness to adopt ethical means in day-to-day situations and helping to integrate values in personal and professional lives
vi. Sustaining positive change

2. IES Cadre will bear the tuition fee and cost of accommodation (twin-sharing) in respect of the Training Programme. However, TA/DA as applicable will have to be borne by the concerned Ministry/Department/Organization where the officers are posted.
3. Administration/ Establishment Division of the participating Ministries/ Departments/ Organizations may forward the application of interested officers in the prescribed format (Annexure-I) to the undersigned (Room No. 251, Department of Economic Affairs, North Block, New Delhi - 110001) or send it via e-mail at dilasha.vasudeva@gov.in latest by 21.06.2019.

4. This issues with approval of the Competent Authority.

(Dilasha Anand)
Assistant Director (IES)
Tele: 23092491
Application Form

1. Name of the applicant (Dr./Mr./Ms.):

2. Batch/Year of entry into IES:

3. Training Programme (organized by IES Cadre) attended in the last two years (list below):

4. Ministry/Department where currently working:

5. Designation:

6. Relieving Authority (Name & Designation):

7. Mailing Address:
   
   (i) Office

   (ii) E-mail

8. Telephone No.
   
   (i) Office
   
   (iii) Mobile

9. Relevance of course to the Officer: